

total skin care

The team at Dr Layt's Clinic offer a range of **non-surgical procedures** designed to help you look and feel your best

■ No Sweat!

Many people who suffer from excessive sweating believe that the only thing they can do is to keep applying anti-perspirant and changing their clothes. The medical term for this condition is Hyperhidrosis, and it can be treated by Dr Craig Layt's Clinic. Uncontrolled sweating can occur in various parts of the body including the hands, feet or underarms. It may be an inherited trait that inhibits the body from properly regulating its temperature. Muscle relaxant injections target the specific glands responsible for the excessive sweating, blocking the chemical signal that creates the perspiration. This treatment, which lasts about seven to nine months, is non-surgical and takes around an hour. If you have a problem with excess sweating, don't suffer in silence. This simple procedure really can change your life.

■ No surgery No injections



BEAUTY



To discuss any surgical or non-surgical procedures with the Nurse Aestheticians at Dr Craig Layt's phone the clinic on (07) 55974100 or visit www.drlyt.com

■ Reduce the Signs of Aging

Over time our skin reacts to ageing and climatic elements, particularly the sun. Years of muscle actions like frowning and squinting cause us to develop frown lines, forehead lines and crows feet around the eyes. As the skin loses its resilience, we also develop lines in the lower face around the mouth, cheeks, and between the nose and corners of the mouth. Now there are simple non-surgical techniques to relax our muscles and smooth out facial lines and wrinkles. These techniques are so versatile they can even be used to achieve slight eyebrow lifts and enhancement of the lips. Cosmetic injections can improve the appearance of crow's feet at the corners of the eyes; frown lines between the eyebrows; worry lines across the forehead; deep smile lines; smoker's lines or lipstick bleed lines around the mouth; as well as lip enhancement.

Thermage is a safe non-invasive procedure that helps smooth, tighten and contour skin for a naturally younger looking appearance. Thermage stimulates the existing collagen and promotes new collagen growth - the building block that provides the structure to your skin. Thermage procedures help tighten and renew your skin's collagen deep down, through all three skin layers. Over time most patients notice additional tightening and

contouring and it can be used around the jawline and below the chin. When the energy is applied, there is a heat sensation, which is an indication that collagen is reaching effective temperatures for tightening. The procedure only takes one to two hours in the clinic and usually requires a single treatment. With little downtime patients can be back to your normal routine the next day.

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